



EYELIDS

WRINKLES

PUFFINESS  
AND DARK CIRCLES

# EYE LIFTING Treatment

**REDUCES SIGNS OF AGEING  
AND FATIGUE**



**PRACTICAL GUIDE**

# TREATMENT PROTOCOL

## Eye LIFT Treatment



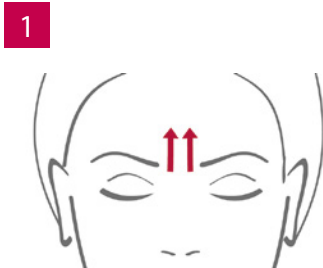
<p><b>BEAUTY CONSULTATION</b></p>	<ul style="list-style-type: none"> <li>Before the Treatment, carry out a Beauty Consultation for the eye contour area.</li> </ul> <p><b>RECOMMENDATIONS:</b></p> <ul style="list-style-type: none"> <li>Before starting the Treatment, make sure the client is not wearing contact lenses.</li> <li>Tell the client to close her eyes during the entire Treatment.</li> </ul>	
<p><b>SKIN PREPARATION</b></p>	<ul style="list-style-type: none"> <li>Remove eye make-up (especially mascara).</li> <li>Remove lip and face make-up.</li> <li>Dry.</li> </ul>	
<p><b>1. EYE MASSAGE</b></p>	<ul style="list-style-type: none"> <li>Apply <b>AGE LOGIC EYE MASSAGE</b> to the eyelids, under the eyes, the corners of the eyes and the forehead.</li> <li>Follow the movements in the protocol and carry out the massage for 5 minutes. Repeat each movement 4 times.</li> <li>Apply lotion and dry.</li> </ul>	
<p><b>2. EYE MUSCLE STIMULATION</b></p>	<ul style="list-style-type: none"> <li>Apply a thick layer of <b>AGE LOGIC EYE GEL SERUM</b> to the eyelids, under the eyes, the corners of the eyes and the forehead.</li> <li>Move the electrodes according to the movement in the protocol for 10 minutes. Repeat each movement 5 times.</li> <li>Rinse, apply lotion and dry.</li> </ul>	
<p><b>3. EYE MASK</b></p>	<ul style="list-style-type: none"> <li>Apply <b>AGE LOGIC EYE MASK</b> (see instructions on the back of the sachet).</li> <li>Leave for 8 minutes.</li> <li>Remove the mask and rub in the surplus serum with light effleurage around the eye contours.</li> <li>Dry if necessary.</li> </ul>	
<p><b>POST TREATMENT</b></p>	<ul style="list-style-type: none"> <li>Apply the skincare products best suited to the client's Beauty Objectives to the eye contour area and face.</li> <li>Observe and validate the results with your client using a mirror.</li> </ul>	
<p><b>BEAUTY MAKEOVER</b></p>	<ul style="list-style-type: none"> <li>Do a Beauty makeover with <b>Masters Colors</b> products.</li> </ul>	
<p><b>PRESCRIPTION</b></p>	<ul style="list-style-type: none"> <li>Prescribe the skincare products best suited to the client's Beauty Objectives.</li> </ul>	

# 1. EYE MASSAGE



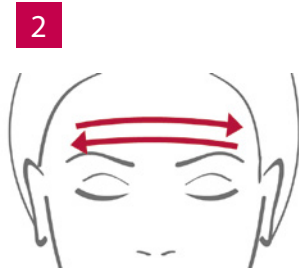
Apply **Age Logic Eye Massage** to the eyelids, under the eyes, the corners of the eyes and the forehead.

Repeat each movement 4 times.



## Frown lines

Upward fan-like movements between the eyes.



## Forehead

Alternate horizontal smoothing movements with the flat of the hand.



## Upper eyelids

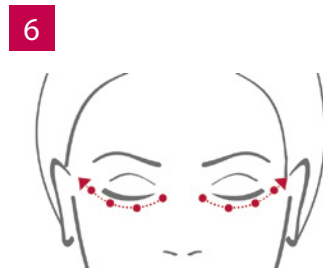
Smoothing movements with the thumbs then apply pressure to the temples.



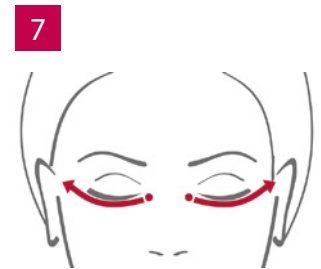
Twisting pressure to the left upper eyelids. Repeat to the right upper eyelids.



Smoothing movements with the thumbs then apply pressure to the temples.

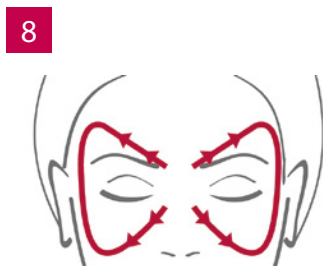


Smoothing movements and pressure with all fingers.



Pressure and smoothing movements with all fingers.

## Lower eyelids



Smoothing butterfly movements.



Toning tapping movements.

## Eye contour



Smoothing movements with fingers interlaced then apply pressure to the temples.

## Forehead

## 2. EYE MUSCLE STIMULATION



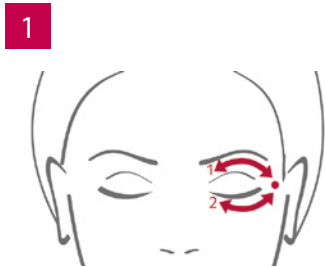
Apply a thick layer of **Age Logic Eye Gel Serum** to the eyelids, under the eyes, the corners of the eyes and the forehead.

Use the electrode balls for all movements.

**Repeat each movement 5 times.**

Start with the left eye contour.

Adjust the intensity of the stimulation depending on the client's sensitivity (default setting: 5).



### Eye contour

1. Press the electrode onto the skin until it touches the muscle in the corners of the eyes. Move the other electrode back and forth on the eyelid with firm smoothing movements.
2. Repeat this movement under the eyes.

Press the electrode onto the skin until it touches the muscle in the corners of the eyes. Move the other electrode under the eyes, using firm smoothing movements towards the inner corner of the eyes, and circular smoothing movements along the bone in the eye contour, back to the corners of the eyes.



### Forehead

1. Press the electrode onto the skin until it touches the brow muscle and move the other electrode to the upper forehead.
- 2 and 3. Repeat this movement towards the outer forehead in three steps.